

Massages

Ayura Signature Massage 90 minutes RM280

Our signature massage takes you back to the traditional art of healing and renewal where a heated poultice of aromatic herbs and spices is applied on the meridian points of the body to soothe sore muscles, followed by an invigorating massage to ease joint pains with our signature aromatherapy oil blend.

Aromatherapy Massage 60/90 minutes RM180/260

You have a choice of our preferred aromatherapy blends for a calming and relaxing massage that involves long rhythmic strokes. This massage is suitable for everyone and will put your body and mind in a state of deep relaxation.

Deep Vissue Massage 60/90 minutes RM190/270

Through a combination of firm strokes and Shiatsu acupressure, this massage helps relief stiffness and tension of body muscles. The essential oil blend enhances blood circulation and is excellent for jet lag recovery.

Kids Massage 45 minutes RM120

 $A \ gentle \ relaxing \ massage \ to \ pamper \ your \ beloved \ child.$

Head. Neck & Shoulder Massage 30 minutes RM 90 A perfect relief for stress and tension.

Reflexology 30 minutes RM 90

The practice of applying pressure to the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.





Ginger Sea Salt Scrub 60 minutes

R/1190

For a refreshing experience, try our ginger and sea salt scrub for healthier, radiant-looking skin. Specially made from a mixture of marine-based ingredients and spiced with ginger, this scrub detoxifies and improves your blood circulation.

Lulur Scrub 60 minutes

RN190

A traditional skin polisher, Lulur is made of rice powder, turmeric, herbs and flowers. Gentle yet effective, this scrub will lighten the skin tone and leave your skin feeling soft and smooth.

Coffee & Cocoa Scrub 60 minutes

R/M190

Our very own recipe, this special blend made of local coffee beans and cocoa is an excellent skin exfoliator. Let the rich aroma awaken your senses and uplift your spirit!

Body Wraps

Algae Seaweed Wrap 60 minutes

R1/1190

Detoxify, tone and purify your skin with an indulging algae seaweed wrap placed under a warm thermal blanket, which helps the essence go beyond the deep layers of your skin for best results.

Aloe Vera Et Dead Sea Mud Wrap 60 minutes RM190

Soothing aloe vera combined with dead sea mud that is enriched with minerals is excellent for overexposed, dehydrated or irritated skin, and helps to relieve tensed muscles, tired and painful joints. A perfect wrap for after sun effect.



Facials

Nature's Recipe Facial 60 minutes

R/M220

A gentle and nourishing facial to replenish and rejuvenate dull and tired looking skin. Pamper yourself with the richness of "mother nature" with freshly prepared masks.

Purifying Facial 60 minutes

RM220

This deep cleansing treatment purifies oily and congested skin with natural cleansing properties of the purifying mask and essential oils to eliminate excess oil and impurities from the skin.

After Sun Facial 60 minutes

R(M220

A cooling and gentle facial using aloe vera face mask and the floral water of chamomile designed for skin that has been over exposed to the sun.

Hands St Feet

Manicure 50 minutes	RM 80
Pedícure 60 mínutes	RM100
Spa Manicure 60 minutes	RM120
Spa Pedicure Is minutes	RM180
Deluxe Foot Spa 60 minutes	RM160
Nail Colour 25 minutes	R(M 50



Signature Packages

Asthana (energising) 2 hours

RM330

Had a tiring and hectic day? Re-energise yourself with a deep tissue massage followed by the deluxe foot spa treatment.

Asmana (relaxing) 2 hours

RM360

This is an ideal package to relax and soothe your tensions away. Our Asmana package includes the aromatherapy massage and a choice of nature's recipe or purifying facial.

Prana (revitalising) 2 hours

RM360

To feel truly revived and revitalised, awaken the senses with invigorating coffee & cocoa body scrub and deep tissue massage.