



Massages

Ayura Signature Massage 90 minutes R M240

Our signature massage takes you back to the traditional art of healing and renewal where a heated poultice of aromatic herbs and spices is applied on the meridian points of the body to soothe sore muscles, followed by an invigorating massage to ease joint pains with our signature aromatherapy oil blend, Oriental Spice.

Aromatherapy Massage 60/90 minutes R M170/220

You have a choice of our preferred aromatherapy blends such as 'Relaxing', 'Energising', 'Balancing' or 'Exotic' for a calming and relaxing massage that involves long rhythmic strokes. This massage is suitable for everyone and will put your body and mind in a state of deep relaxation.

Deep Tissue Massage 60/90 minutes R M170/220

Through a combination of firm strokes and Shiatsu acupressure, this massage helps relief stiffness and tension of body muscles. The Muscle Ease blend enhances blood circulation and is excellent for jet lag recovery.

Kids Massage 45 minutes R M90

A gentle relaxing massage to pamper your beloved children of 1

Head, Neck & Shoulder Massage 30 minutes R M75

A perfect relief for stress and tension.

Reflexology 30 minutes R M75

The practice of applying pressure to the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

Couple Massage Special 60 minutes R M260

Couple Massage Special 90 minutes R M380

Couple Ayura Signature Massage R M400

Enjoy together time with our couple massage, with choice of either 60 minutes or 90 minutes.

For 60 minutes choose from either Aromatherapy Massage or Deep Tissue Massage.

For 90 minutes choose from either Aromatherapy Massage or Deep Tissue Massage or

Ayura Signature Massage.



Body Scrubs

Ginger Sea Salt Scrub 60 minutes RM180

For a refreshing experience, try our ginger and sea salt scrub for healthier, radiant-looking skin. Specially made from a mixture of marine-based ingredients and spiced with ginger, this scrub detoxifies and improves your blood circulation.

Lulur Scrub 60 minutes RM180

A traditional skin polisher, Lulur is made of rice powder, turmeric, herbs and flowers. Gentle yet effective, this scrub will lighten the skin tone and leave your skin feeling soft and smooth.

Coffee & Cocoa Scrub 60 minutes RM180

Our very own recipe, this special blend made of local Coffee Beans and Cocoa is an excellent skin exfoliator. Let the rich aroma awaken your senses and uplift your spirit!

Body Wraps

Algae Seaweed Wrap 60 minutes RM180

Detoxify, tone and purify your skin with an indulging Algae Seaweed Wrap placed under a warm thermal blanket, which helps the essence go beyond the deep layers of your skin for best results.

Aloe Vera & Dead Sea Mud Wrap 60 minutes RM180

Soothing aloe vera combined with dead sea mud that is enriched with minerals is excellent for overexposed, dehydrated or irritated skin, and helps to relieve tensed muscles, tired and painful joints. A perfect wrap for after sun effect.



Facials

Nature's Recipe Facial 60 minutes RM180

A gentle and nourishing facial to replenish and rejuvenate dull and tired looking skin. Pamper yourself with the richness of "mother nature" with freshly prepared masks such as Cucumber, Yoghurt & Clay and Banana & Honey.

Purifying Facial 60 minutes RM180

This deep cleansing treatment purifies oily and congested skin with natural cleansing properties of green clay and essential oils to eliminate excess oil and impurities from the skin.

After Sun Facial 60 minutes RM180

A cooling and gentle facial using aloe vera face mask and the floral water of chamomile designed for skin that has been over exposed to the sun.

Hands & Feet

Manicure 50 minutes RM 70

Pedicure 60 minutes RM 80

Manicure & Pedicure 90 minutes RM130

Spa Manicure 60 minutes RM120

Spa Pedicure 75 minutes RM150

Spa Manicure & Spa Pedicure 120 minutes RM250

Deluxe Foot Spa 60 minutes RM160

Nail Colour 25 minutes RM 50



Signature Packages

Asthana (energising) 2 hours R M290

Had a tiring and hectic day? Re-energise yourself with a Deep Tissue Massage followed by the Deluxe Foot Spa treatment.

Asmana (relaxing) 2 hours R M290

This is an ideal package to relax and soothe your tensions away. Our Asmana package includes the Aromatherapy Massage and a choice of Nature's Recipe or Purifying Facial.

Prana (revitalising) 2 hours R M290

To feel truly revived and revitalised, awaken the senses with invigorating Coffee & Cocoa Body Scrub and Deep Tissue Massage.

