



Massages

Ayura Signature Massage (90 mins) RM 320

Our signature massage takes you back to the traditional art of healing and renewal where a heated poultice of aromatic herbs and spices is applied on the meridian points of the body to soothe sore muscles, followed by an invigorating massage to ease joint pains with our signature aromatherapy oil blend.

Aromatherapy Massage (60 / 90 mins) RM 190 / RM 280

You have a choice of our preferred aromatherapy blends for a calming and relaxing massage that involves long rhythmic strokes. This massage is suitable for everyone and will put your body and mind in a state of deep relaxation.

Deep Tissue Massage (60 / 90 mins) RM 200 / RM 290

Through a combination of firm strokes and Shiatsu acupressure, this massage helps relieve stiffness and tension of body muscles. The essential oil blend enhances blood circulation and is excellent for jet lag recovery.

Kids Massage (45 mins) RM 140

A gentle and calming massage to pamper your beloved child.

Head, Neck and Shoulder Massage 30 minutes RM 90

A quick remedy to relieve stress and ease tensions headache.

Foot Massage (30 mins) RM 90

A relieving foot massage with pressure point focuses on the feet to stimulate energy pathways and promote healing effects on corresponding parts of the body.

Please call ext. 1502 for bookings and enquiries. Operation hours 10am - 10pm daily.



Body Scrubs

Ginger Sea Salt Scrub (60 mins) RM 220

For a refreshing experience, try our ginger and sea salt scrub for healthier, radiant-looking skin. Specially made from a mixture of marine-based ingredients and spiced with ginger, this scrub detoxifies and improves your blood circulation.

Lulur Scrub (60 mins) RM 220

A traditional skin polisher, Lulur is made of rice powder, turmeric, herbs and flowers. Gentle yet effective, this scrub will lighten the skin tone and leave your skin feeling soft and smooth.

Coffee & Cocoa Scrub (60 mins) RM 220

Our very own recipe, this special blend made of local coffee beans and cocoa is an excellent skin exfoliator. Let the rich aroma awaken your senses and uplift your spirit!

Body Wraps

Algae Seaweed Wrap (60 mins) RM 220

Detoxify, tone and purify your skin with an indulging algae seaweed wrap placed under a warm thermal blanket, which helps the essence go beyond the deep layers of your skin for best results

Aloe Vera & Dead Sea Mud Wrap (60 mins) RM 220

Soothing aloe vera combined with dead sea mud that is enriched with minerals is excellent for overexposed, dehydrated or irritated skin, and helps to relieve tensed muscles, tired and painful joints. A perfect wrap for after sun effect.

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Facials

Nature's Recipe Facial (60 mins) RM 240

A gentle and nourishing facial to replenish and rejuvenate dull and tired looking skin. Pamper yourself with the richness of "mother nature" with freshly prepared masks.

Purifying Facial (60 mins) RM 240

This deep cleansing treatment purifies oily and congested skin with natural cleansing properties of the purifying mask and essential oils to eliminate excess oil and impurities from the skin.

After Sun Facial (60 mins) RM 240

A cooling and gentle facial using aloe vera face mask and the floral water of chamomile designed for skin that has been overexposed to the sun.

Hands & Feet

Express Colour - either hands or feet (30 mins) RM 60

Manicure (50 mins) RM 90

Pedicure (60 mins) RM 120

Spa Manicure (60 mins) RM 160

Spa Pedicure (75 mins) RM 200

Deluxe Foot Spa (60 mins) RM 180

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Signature Packages

Asthana (energising) (120 mins) RM 360

Had a tiring and hectic day? Re-energise yourself with a Deep Tissue Massage followed by the Deluxe Foot Spa treatment.

Asmana (relaxing) (120 mins) RM 380

This is an ideal package to relax and soothe your tensions away. Our Asmana package includes the Aromatherapy Massage and a choice of Nature's Recipe or Purifying Facial.

Prana (revitalising) (120 mins) RM 380

To feel truly revived and revitalised, awaken the senses with invigorating Coffee & Cocoa Body Scrub and Deep Tissue Massage.

After Sun Remedy (150 mins) RM480

Soothe and condition your skin after exposure to the sun with our Aloe Vera with Dead Sea Mud Wrap followed by our After Sun Facial and a relaxing 30 minutes Foot Massage.

Ayura Spa Honeymoon (180 mins x 2 pax) RM 1180

For the ultimate couple spa experience, pamper yourself and your loved one with a sea of nutrients in our Ginger Sea Salts Scrub, be drifted away by our Deep Tissue Massage, followed by the nourishing Nature's Recipe Facial.

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